

# Packing list

All private clothing and personal equipment must be packed in **waterproof bags** and **clearly marked with your name**. Bring as little as possible—only what is necessary.

## Bags (mandatory)

- **Max 2 waterproof overnight bag** (name marked) – to be stored **below deck**
  - Must contain **the main part of your luggage**
  - **Sleeping gear will be stored in the cabin**
- **1 waterproof day bag** (name marked) – **max 30L**
  - Must contain **rain gear** and other items you need **easily accessible during the day**

## Mandatory personal equipment (bring these)

- **Knife** – must always be within reach, preferably on your belt and on the outside of your clothing
- **Inflatable sleeping pad** – **NOTE: not an air mattress** (takes too much space)
- **Sleeping bag** – **down is not advisable** (difficult to dry if it gets wet)
- **Headlamp** – with **red light mode** (so you don't disturb others at night)
- **Rainwear** – durable enough for tough weather in an open boat
- **Suitable footwear** – waterproof hiking boots and/or non-slip sandals
- **Warm clothing** – wool long underwear, wool sweaters/jumpers etc. (check the forecast before departure)
- **Hat, mittens, gloves, scarf/buff**
- **Towel and swimwear** (only if you plan to swim in the ocean)
- **Drinking bottle / thermos**
- **Toiletries + essentials**
- sun cream, sunglasses
- Necessary medication (if you take prescription medication daily, consider bringing your prescription)
- Seasickness tablets (if you easily gets seasick)
- Mosquito repellent, etc.

- **Viking clothes**
- **A warm jumper** – evenings are cold

## Provided by the ship (do NOT pack)

- **Life jacket with safety line**
- **Spring hooks (carabiners)**
- **Cutlery and crockery** (available on board)

## Weather note

- Check the prevailing weather for the area and pack for it and for worse

## Night-time storage and sleeping arrangement (important)

- At night, **sleeping pads are laid out on the cabin floor**
- **Day bags and sleeping bags are hung on spring hooks**
- When you are ready to sleep, collect your **day bag and sleeping bag** and lie down **wherever there is room**
- You may **not** be allowed to lie on your **own mattress** (placement depends on available space)